

REVIEW ARTICLE ISSN 2456-0170

CONCEPTUAL STUDY ON SASTRAS – A REVIEW

¹Dr Priyadarshini D J ²Dr Siddayya Aradhyamath ³Dr Adithya J V ⁴Dr Nirmaladevi N N ¹PG Scholar ²Prof and HOD ³Assistant Professor ⁴PG Scholar, Department of PG and Ph.D Studies in Shalya tantra, JSS Ayurveda Medical college & Hospital, Mysore. India

9

ABSTRACT

There are millions of operations and surgical procedures performed every day for a variety of causes throughout the world. When undergoing surgery, patients have a great deal of faith in the surgeon. Surgical Instruments are important asset to any surgery and they play a vital role in conducting successful surgeries. All Surgical treatments contain a significant level of danger if certain precautions are not taken, regardless of the skill and capability of the surgical personnel. Surgical instruments are of prime importance which been appropriately described by Acharya Sushruta with detailed application, manufacturing as well as preservation of sharpness of instruments. Similarly Acharya Vagbatta, Harita Samhita, Hastiayurveda, Yogaratnakara they have also given excretes about Sastras and their utility in surgery.

KEYWORDS: Sastras, Sushrutha Samhita, Astanga Hridaya, Haritha Samhita, Hasti Ayurveda, Yogaratnakara

INTRODUCTION

Yantras are the blunt instruments and Sastras are the Sharp instruments that are considered as two important aspect of the Surgery. Surgical equipment have been identified as one of the main factors contributing to an infection outbreak following surgery, even in most successful cases. The Surgeons in the ancient time consist of good number of surgical instruments. Acharya Susrutha mentioned 20 types of Sastras. Acharya Vagbhata mentioned kinds 26 Sastras.²Haritha mentioned 12types HarithaSamhitha.³Palakapya Sastras mentioned 10types of Sastras in Hasthi Ayurveda(Treatment for Elephants).⁴

MATERIALS FOR INSTRUMENTS:

Acharya Susrutha says – 'A Wise Surgeon should get the instruments made of pure iron

and with sharp edges by an expert blacksmith who is skilful and experienced in his craft'. Acharya Charaka mentions to cut the navelcord of the newborn ardhadhara type of instrument made of gold, or silver or iron. Yogarantakara mentioned a cautery of gold, to burn fistulous track around the anus.

EDGES FOR SHARP INSTRUMENTS

Four different types of edges:⁸

• Masuri : Bhedana(incision)

Eg: Vridhipatra, Nakhashastra

• Ardha masuri : Lekhana(scraping)

Eg:Mandalagra

Kaishiki

Vyadhana(puncturing) Eg: Kutharika

Visravana (draining)

Eg: Kushapatra.

- Ardha Kaishiki: Chedana(excision) Eg:Vriddhipatra.
- But Acharya Vagbatta mentions as a Masuri





Edge of the lentil

Edge of the hair

TYPES OF SASTRAS ACCORDING TO VARIOUS ACHARYAS:

<i>ACHARYA</i>	ACHARYA VAGBATTA	HARITHA	HASTI AYURVEDA
SUSHRUTA -	- -26 TYPES	SAMHITA	(<i>PALAKAPYA</i>)- 10
20 TYPES		-12 TYPES	TYPES
Mandalagra	Mandalagra	Ardhachandra	Vriddhipatra
Karapatra	Vrddhipatra	Vrihimukha	Kusapatra
Vrddhipatra	Utpalapatra	Kankapatra	Mandalagra
Nakhasastra	Adhyarddhadhara	Kutharika	Vrihimukha
Mudrika	Sarpasya	Karavirakapatraka	Kuthari
Utpalapatra	Esandupadamukha,	Salaka	Vatsadanta
	Sucimukha		
Arddhadhara	Vetasa	Karapatraka	Utpalapatra
Suci	Sarari	Badisha	Salaka
Kusapatra	Trikurccaka	Grudhrapada	Suci
Atimukha	Kusapatra	Suli	Rampaka
Sararimukha	Ativadana	Suci	
Antarmukha	Antarmukha	Mudgara	
Trikurccaka	Vrihibaktra		
Kutharika	Kuthari		
Vrihimukha	Kura Vakasala		
Ara	Anglisastra		
Vetasapatraka	Badisa		
Badisa	Karapatra		
Dantasanku	Kartari		
Esani	Nakhasastra		
	Dantalekhana		
	Suci		
	Kurcca		
	Khaja		
	Acha		
	Karnavedhani		

Table no. 1 - Types of Sastras according to different Acharyas

1) Three types of tempering for sharp **TEMPERING OF SHARP** instruments:9 **INSTRUMENTS (SHASTRA PAYANA):**

- •Kshara payana : for chedana of shara, shalya and asthi.
- •Udaka payana : for chedana, bhedana and patana of mamsa.
- •Taila payana : for sira vyadhana and chedana of snayu.
- 2) Acharya Vrudha Sharangadhara mentions about Payana of arrow heads with paste of Pippali, Saindhava and Kushta with Gomutra and heated to red hot. In another instance he mentions about smearing Sastras with Panchalavana, Sarsapa and Madhu and heat them in furnance followed by dipping in water. When the color resembling those of a peacocks feather are displayed then the burning is adequate.¹⁰
- 3) Muni Sukracharya mentions the Payana of swords in Brihat Samhita. A milk from mare, a camel and an elephant, mixture of fish bile, deer milk, horse milk, goat milk, blended with toddy and then with Arka Ksheera, Aja sringa, Paravatha sakrut is fit for piercing stone.¹¹

GOOD AND BAD QUALITIES OF SURGICAL INSTRUMENTS:

Acharya Susruta mentioned it should have a well-made handle, affording a firm grasp, it should be made of iron of good quality, it should have fine edge, a pleasant shape and a well finished point.

Acharya Susruta points out eight defects of the instrument – they must not be bent, or blunt, or broken, or jagged, or too thick, or too thin, or too long, or too short. 12

Acharya Vagbatta also mentioned same defects. 13

METHOD OF HOLDING SURGICAL INSTRUMENTS:

• Vruddipatra has to be held in Sadharana Bhaga i.e, junction between Vrunta and

- Phala. Other Shastras used for Bhedana should be used in the same manner.
- Vruddhipatra and Mandalagra have to be held in supine position most frequently for Lekana karma.
- Trikurchika, Soochi and Kusapatra which are used for Visravana have to be held at the terminal part of the Vrunta specially when operating on Bala, Vrddha, Sukumara, Naari, Raaja and Raja Putra.
- Vrihimukha has to be held between the thumb and forfinger in such a way that the handle is completely covered by the palm.
- The handle of the Kutharika Sastra has to be held in the left hand and the stroke should be given by the middle finger with the help of fore finger of right hand such that movement is under the control of the thumb.
- Aara, Karapatra and Esani should be held at their Proximal end.

NISANA – SHARPENING OF THE INSTRUMENTS:

- According to Acharya Susruta For sharpening the blade of the instruments a smooth stone slab of the color of masha varna(black gram) is used.
- For keeping the sharpened blade a pod of Shalamali fruits (with silk cotton inside) should be used.

SASTRA KOSHA – INSTRUMENT BOX:

- To preserve the edges of the cutting instruments, a case made of wood of Salmali (*Bombax Malabaricum*) was used. 14
- It should be of 9Anguli width and 12Anguli length and compact, It should be made either from ksauma (linen linseed), patra (thick and durable dry leaves), oma(wool), kauseya (silk), dukula(inner bark of trees) or mrudu charma (soft leather) bound with string. Well stiched with inner compartments for

instruments kept wrapped in wool, its mouth

should be clipped tightly with wire. 15



ANCIENT INSTRUMENT CASE

DETAILED DESCRIPTION OF SASTRAS:

SL NO	NAME OF THE INSTRUMENT	APPLICABILITY / USES ACCORDING TO DIFFERENT ACHARYAS	PRAMANA	IMAGES
1	MANDALAGRA - ROUND HEADED KNIFE, SHARP CURETTE:	 It is described as a round for circular headed cutting instrument, It is of two types – vrutta and kshura. If and the control of types – vrutta and kshura. If and types the blade to shaped like the index finger when its nail points towards the palm of hand. If and the commends in scraping away pterygium. If a Cakradatta mentioned for scraping the tongue in jihvakantaka. If and the control of the eyeball. If and the eyeball of the control of the eyeball. If and the eyeball of the eyeball of the eyeball of the eyeball. If and the eyeball of the eyeball	1. Length is 6 Anguli 2. Palakapya describes length of nine anguli, the handle being six and blade three anguli long. ²⁰	MANDALAGRA SASTRA SHARP CURETTE

2	KARAPATRA -	•It is described as 'an	1.Acharya Susruta	
	SURGICAL SAW	instrument having the	mentioned its	
	OR GIGLI SAW	blade in the form of a	length to be six	
		hand', the fingers being	anguli.	
		represented by the teeth of	2.Acharya	
		the saw.	Vagbatta	
		•The Edge of the	mentioned	
		instrument is described as	10anguli long and	
		rough and serrated and	2anguli broad.	100
		this is the only instrument		AMTHERIO MOTHEMICANICASE
		that need not have a very		KHARAPATRA
		sharp edge.		SHASTRA
		•It is used in Astichedana,		
		also used for Chedana and		
		Lekhana.		
				GIGLI SAW
				GIGEI SAW
3.	VRUDDHIPATRA	•It is resemblance to the	1.Acharya Susruta	
<i>J</i> .	- SCALPEL	leaf of medicinal plant	mentioned 6	
	201222	Vrudhi.	Anguli long.	
		•Acharya Vagbatta	2.Palakapya	
		mentioned it is of 2 types	mentioned it is	
		– one is anchitagram and	10anguli long; the	
		the second is	handle being	
		prayathagram. For using	6anguli and the	
		in elevated swelling,it	blade 4anguli and	200 VIII
		should be straight and in	3anguli broad ²¹	(11)
		deep swelling it should be		STRICTORIGHANA CASTINA
		curved at the back. •It is used for chedana and		VRUDDIPATRA
		bhedana karma and also		SASTRA
		used for Eshana karma in		
		nadivrana. ²¹		
		Tada yada		
				3
				SCAL PEL
4	NAKHA SASTRA	• used for <i>chedana</i> and	1.Acharya Susruta	SCALPEL

	- NAIL PARER:	• It is used for cleaning the nails and feet of the elephant. He calls it by the name rempaka. ²²	mentioned length is 8anguli long 2.Acharya Vagbatta mentioned length to be 9anguli 3.Palakapya mentioned having the handle 10anguli and the blade 3anguli long.	NAIL PARER
5	MUDRIKA – RING KNIFE :	It is also called Anguli sastra. Acharya Vagbatta mentioned that the mouth of anguli sastra looks as if coming out of a ring, It is used for chedana and bhedana of Kantagata roga	1.Acharya Susrutha mentioned it has a cutting instrument of the size of the last phalanx of index finger. 2.Acharya Vagbatta mentioned blade is half anguli long.	MUDRIKA SASTRA RING KNIFE

6	UTPALAPATRA – LANCET :	•The blade of the shastra looks similar to the petal of utpala. •It has got a sharp edge. •Used for Chedana and Bhedhana.	1.Palakapya mentioned it to be 8anguli long, 1 and half anguli broad and double edged. ²³	UTPALAPATRA SASTRA LANCET
7.	ARDDHADHARA – TYPE OF KNIFE	•Also Known as Vakra dhaaram. •Acharya Vagbatta mentioned it as Adhyadhadhara Sastra. The shastra is called so because half of the length of the shastra is sharp.	1.According to Acharya Susruta it is 8 Anguli in length; Blade is 2 Anguli board	ARDHADHARASAST RA KIND OF KNIFE

		Di Priyaaarshini DJ ei ai; Conce	pradit grady on gustrus gra	gricii
8	SUCHI – NEEDLES	•These are suturing needles which are mainly used for visravana and seevana karma. •Palakapya mentioned suci shaped like a tusk of elephant and are either three ribbed, or four ribbed, or round, smooth and strong. He mentioned curved three cornered needles for fleshy parts and round needles for skin, vein , nerves and arteries. 25	body needle, 2Anguli long. •B) Trikonaka or Trisra – Triangular in shape, 3Anguli in length. •C) Dhanurvakra – Needle curved like a bow, 2 and a half anguli long.	SUCHI SASTRA SUCHI SASTRA NEEDLES- CURVED AND STRAIGHT
9	KUSAPATRA – BISTOURY	•It is a form of knife resembeling in the shape of Kusa grass and used for visravana karma.	1. According to Acharya Susrutha length of blade – 6 Anguli; 2. Acharya Vagbatta length of blade – 2 Anguli 3. Palakapya mentioned it is 9Anguli long – handle being 5 or 6 Anguli and the blade 4Anguli long. The blade is one and half anguli wide and is sharp - edged on both sides.26	KUSHAPATRASAST RA BISTOURY

		Di Triguturshini D J et ut, Conce	primar grame, erromentate grant	,
10	ATIMUKHA – SHORT SURGICAL SCISSORS	•The instrtrument which resembles the bird aati(Turdus ginginiamus) is known as aatimukha shastra. •It is used fot visravana karma.		ATIMUKHA SASTRA
	SARARIMUKHA –	•It is a pair of scisson	rs 1.Acharya	SHORT SURGICAL SCISSORS
11	PAIR OF SCISSORS	resembling the face of the long beaked bird calle Sarari. •Acharya Susruth	e Susruta -10 d Anguli 2.Acharya a Vagbatta - us 12Anguli.	SHARARIMUKHA SASTRA
				PAIR OF SCISSORS

12	ANTARMUKHA -	- Acharya Susruta	1. Acharya	
	EPISIOTOMY	mentioned as another	Susruta - 6Anguli	
	SCISSORS	variety of scissors used for visravana karma.	long and one and half Anguli broad	
		•Acharya Vagbatta		
		mentioned as	Vagbatta- 8	
		Chandraardham;	Anguli length,	
			blade measuring one half anguli.	
			one nun ungun.	ASSTRAINATION CARCETTAN
				ANTARMUKA
				SASTRA
				1
				dh
				00
				EPISIOTOMY
				SCISSORS
13	TRIKURCCAKA	•Acharya Susruta mentioned	1.Acharya	
13	- DERMA PEN	it as an instrument consisting	Susruta	
13	- DERMA PEN OR DERMA		•	
13	- DERMA PEN OR DERMA	it as an instrument consisting of three needles fixed on a	Susruta mentioned length -8Anguli, Handle -5Anguli	
13	- DERMA PEN OR DERMA	it as an instrument consisting of three needles fixed on a	Susruta mentioned length -8Anguli, Handle	
13	- DERMA PEN OR DERMA	it as an instrument consisting of three needles fixed on a	Susruta mentioned length -8Anguli, Handle -5Anguli	
13	- DERMA PEN OR DERMA	it as an instrument consisting of three needles fixed on a	Susruta mentioned length -8Anguli, Handle -5Anguli	SCISSORS
13	- DERMA PEN OR DERMA	it as an instrument consisting of three needles fixed on a	Susruta mentioned length -8Anguli, Handle -5Anguli	
13	- DERMA PEN OR DERMA	it as an instrument consisting of three needles fixed on a	Susruta mentioned length -8Anguli, Handle -5Anguli	SCISSORS TRIKURCCHAKA
13	- DERMA PEN OR DERMA	it as an instrument consisting of three needles fixed on a	Susruta mentioned length -8Anguli, Handle -5Anguli	SCISSORS TRIKURCCHAKA
13	- DERMA PEN OR DERMA	it as an instrument consisting of three needles fixed on a	Susruta mentioned length -8Anguli, Handle -5Anguli	SCISSORS TRIKURCCHAKA
13	- DERMA PEN OR DERMA	it as an instrument consisting of three needles fixed on a	Susruta mentioned length -8Anguli, Handle -5Anguli	SCISSORS TRIKURCCHAKA
13	- DERMA PEN OR DERMA	it as an instrument consisting of three needles fixed on a	Susruta mentioned length -8Anguli, Handle -5Anguli	SCISSORS TRIKURCCHAKA
13	- DERMA PEN OR DERMA	it as an instrument consisting of three needles fixed on a	Susruta mentioned length -8Anguli, Handle -5Anguli	SCISSORS TRIKURCCHAKA

		Di Engadarshini D J et di, Conceptud		
14	KUTHARIKA – AXE SHAPED KNIFE OR CHISEL	shaped like a teeth of cow. •Palakapya mentioned it as kuthara and is used for chedhana and lekhana karma. 27	1.Acharya Susruta — width one Anguli. 2.Acharya Vagbatta — Handle 7 and half Anguli long and thicker and broader balde to be fitted for that.	KUTARIKA SASTRA CHISEL
15	VRIHIMUKHA – TROCAR	•The sharp end is being pointer and shaped like a grain of paddy •Used in the paracentesis abdomen ²⁸ and in tapping the hydrocele. ²⁹ •Chakradatta mentioner Vrihimukha sastra in the context of surgical treatment of ascities. ³ •Palakapya mentioner Vrihimukha as shaped like grain of paddy and recommend it for incision and excision of munja. ³¹	Susruta: Is Length - Six Anguli; Body - four Anguli; d blade - half Anguli. Acharya d Vagbatta - a length of ls blade to be	VRIHIMUKHA SASTRA TROCAR AND CANNULA

16	ARA – AWL	•Used for <i>Vyadhana</i> karma	1. Acharya	0
		•Palakapya mentioned similar	Susruta-	100
		instrument for perforating the	length Six	Manage
		ears of the elephants named as	Anguli.	
		karmara or nali. 32	2. Acharya	
			Vagbatta –	
			length One	
			anguli.	
			ungum	
				ARA
				ARA SASTRA
				BONE AWL
17	VETASAPATRAK	•Sastra which looks like a	1.Acharya	BONEAWE
1 /	A - A KIND O		Susruta:	
	SCALPEL			
	SCALFEL	•It is used in <i>Vyadhana</i> karma	Length-	
			4Anguli	
			Blade- 4Anguli Handle-	
			4Anguli long;	
			1Anguli wide	
				VETACADATDA
				VETASAPATRA SASTRA
				SASTRA
				A
				X .
				P
				A IZIND OF
				A KIND OF
				SCALPEL

18 **BADISA - SHARP** •Acharya Susruta mentioned it 1.Acharya HOOK as the end of the hook is Susruta: sharply edged and is said to Length have the resemblance of new 4Anguli leaf of java (Hordeum Handle- 5 and Vulgare). half Anguli •Palakapya mentioned the end Bend - Sharp and wide bend. being rounded like a wheel. It is used for raising the 2.Palakapya membranes of the eve.³³ mentioned 8Anguli long.³³ BADISA SASTRA SHARP HOOK 19 •Acharya Susruta mentioned DANTA SANKU -1.Acharya TOOTH SCALER the end is slightly bent, Susruta: Length sharp and shaped like the - Six Anguli; fresh leaf of java(Hordeum half Bend -Vulgare). Anguli; Tip-•Acharya Vagbatta flat. mentioned the similar 2.Palakapya: instrument called Length danatalekhana. It is 32Anguli Long and equal quadrangular in shape, one side being sharp edged and tooth circumference.³⁵ DANTASANKU opposite side little **SASTRA** lengthened. •It is recommended to be used for the extraction of tartar from the teeth.³⁴ •Palakapya mentioned similar instrument named Enipada which is used for extraction of tooth.³⁵ TOOTH SCALER

20 ESANI -**SHARP** •The ends of the probes are 1.Acharya generally shaped like a head **PROBES** Susruta of the earthworm. 8Anguli long. •They are used as probes to 2.Palakapya ascertain the direction of ten, twenty and sinuses. thirty anguli •Palakapya mentioned Esani long respectively.36 in the surgical treatment of disease of the elephants. He describes three probes smooth and shaped like collyrium rods.³⁶ **ESANI SASTRA SHARP PROBE**

SIX ADDITIONAL INSTRUMENTS BY ACHARYA VAGBATTA:

- 1. **SARPASYA THIN BLADED CURVED SCALPEL**: It has a blade of half anguli and is used for excision of polyps in nose and ears.(fig a)
- 2. SHALAKA SHARP PROBE, CATARACT NEEDLE: It is made up of copper with two edges. It is used for vyadhana karma of linganasha (matured cataract).(fig b)
- 3. **KARTTARI SURGICAL SCISSORS**: It is similar to household scissors, used for Chedhana (Excision) of Snayu (tendons), sutra (thread) and kaca (hair).(fig c)
- 4. **KURCHA NEEDLE CLUSTER FOR PRICKING**: It is bundle of 7 to 8 needles

- fixed on a single circular platform. All needles are cylindrical; 4Anguli in length and is used for kuttana (pricking) in nilika (bluish pigmentation of the body), vyanga(hyperpigmentation on face) and kesasatana (alopecia).(fig d)
- 5. KHAJA CHURNER: Application end has eight spikes loaded on a circular platform. It is half Anguli diameter and is meant for blood letting from the nose by churning with both hands.(fig e)
- 6. **KARNAVEDHANI EAR LOBE NEEDLE**: It is suchi of 3Anguli length for puncturing the ear lobes, its tip resembling the shape of bud of yuthika (jasmine) and one third of it being hollow.(fig f)



Fig a – Sarpasya Sastra Fig b – Salaka Sastra Fig c - Kartari Sastra

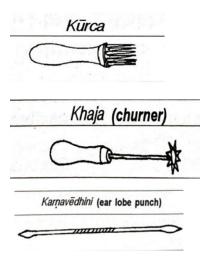


Fig d - Kurca Sastra Fig e - Khaja Sastra Fig f – Karnavedhini

DISCUSSION

•In the earlier times, man closely studied the natural world since he lived so close to it. Based on these observations, the numerous surgical tools created at the time were given names of animal, bird, etc.

For Example – Aatimukha Sastra Shararimukha Sastra

- Modern Surgical instruments are called after the scientists or doctors who developed them since credit is now given to the person who developed it or designed it.
- For Example Mayos towel clip, Kochers forceps, Babcocks forceps.
- •Acharya Susruta has mentioned Sastras should be made up of Pure and Strong Iron. But Pure Iron(Fe) is highly corrosive and soft, which gets rusted easily.
- •But when the metals like carbon, chromium, nickel, magnesium, silicon and Sulphur are added it gives hardness, adds consistency when the metal is welded and provides ductility.
- •The degree to which the steel becomes 'stainless' is determined by all these metals.
- •This type of steel is rust and corrosive resistant, has a good tensile strength and will provide a sharp edge for repetitive use.
- Vruddipatra, Mandalagra, Karapatra, Utpalapatra, Soochi, Kushapatra, Aathimuka, Shararimukha, Kutarika, Vrihimukha, Aara, Badisha. Dantasanku Vetasapatra, Eshani Sastras have been widely used even today for various surgeries.
- •Limitations of the use of Trikurchaka Sastra(it is used only to clean Laproscopic instrument), Ardhadhara, Mrudrika and Nakha Sastra is seen.
- •Few Instruments are used in modified form. Eg – Karapatra. Gigli saw is a flexible wire saw used by surgeons for bone cutting.
- •Method of handling (holding) shastra have been explained by Acharya Susruta, which holds good even today like
- A) Pencil grip Used to make short and fine incision (Vruddipatra)
- B) Finger tip grip It is used for long incision and it allows maximum cutting edge(Vruddipatra and Mandlagra).

- C) Palm grip Strongest and used when great pressure is required.(Aara, Karapatra and Eshani).
- •Acharya Sushruta further tells about importance to maintain sharpness of Sastras, Stroage of Sastras so that sharpness will not be affected.
- •Bifurcation of particular instruments are also given.

For example – Mandalagra Sastra used for Chedhana and Bhedhana

Mudrika Sastra pertaining to the level of throat.

•History has many of examples of foreign invaders carrying ancient medical and surgical writings with them when they left. This might be one of the reasons for the resemblance of the modern era instruments to those mentioned in our classics in one or the other way.

CONCLUSION

- •Acharya Susruta was probably the first surgeon to describe different types of surgical instruments in detail.
- •Acharya Susruta's concepts of surgical instruments, the description of their quality and their usage are very unique.
- •The numerous instruments mentioned in classics gives one a free hand to develop or use an instruments based on requirement.
- •So indeed Acharya Susruta can be considered as 'Father of Surgery'

REFERENCE

- 1. Srikanta Murthy, K.R. Sastravacaraniya adhyaya. In: Srikanta murthy, K.R (ed.) Susruta Samhita Vol 1. Varanasi: Chaukhamba Orientalia; 2017. p. 52.
- 2. Sreekumar, T. Sastravidhi Adhyaya. In: Sreekumar, T (ed.) Astanga Hrudaya Sutrastana Vol 2. Thrissur: Harishree hospital; 2013. p. 167.

- 3. Vaidya Jayamini pandeya, Saptapanchashatamo Adhyaya - Binna Sastradi Chikitsa. Haritha Samhita. Varanasi: Chaukhambha visyabharathi; 2010. p. 497.
- 4. Mukhopadhyaya, G. Number of Surgical Instruments. In: Mukhopadhyaya, G (ed.) Surgical Instruments of Ancient Hindus. Delhi: New Bharatiya book; 2008. p. 70
- 5. Srikanta murthy, K.R. Sastravacaraniya adhyaya. In: Srikanta murthy, K.R (ed.) Susruta Samhita Vol 1. Varanasi: Chaukhamba Orientalia; 2017. Sloka 19.
- 6. Sharma, R.K. Jaatisutriya shareera. In: Bhagwan dash,(ed.) Caraka Samhita Vol 2.: Chaukhamba Sanskrit Series; 2015. p. Sloka 8/44.
- 7. Kumari Asha. Bhangandaradhikara. In: Tewari, P.V (ed.) Yogaratnakara Vol 2. Varanasi: Chaukhambha visvabharathi; 2019. p. Sloka 12
- 8. Srikanta murthy, K.R. Sastravacaraniya adhyaya. In: Srikanta murthy, K.R (ed.) Susruta Samhita Vol 1. Varanasi: Chaukhamba Orientalia; 2017. Sloka 10.
- 9. Srikanta murthy, K.R. Sastravacaraniya adhyaya. In: Srikanta murthy, K.R (ed.) Susruta Samhita Vol 1. Varanasi: Chaukhamba Orientalia; 2017. Sloka 12.
- 10. Mukhopadhyaya, G. Number of Surgical Instruments. In: Mukhopadhyaya, G (ed.) Surgical Instruments of Ancient Hindus. Delhi: New Bharatiya book; 2008. p.50
- 11. Mukhopadhyaya, G. Number of Surgical Instruments. In: Mukhopadhyaya, G (ed.) Surgical Instruments of Ancient Hindus. Delhi: New Bharatiya book; 2008. p.50
- 12. Srikanta murthy, K.R. Sastravacaraniya adhyaya. In: Srikanta murthy, K.R (ed.) Susruta Samhita Vol 1. Varanasi: Chaukhamba Orientalia; 2017. Sloka 8-9.

- 13. Sreekumar, T. Sastravidhi Adhyaya. In: Sreekumar, T (ed.) Astanga Hrudaya Sutrastana Vol 2. Thrissur: Harishree hospital; 2013. Sloka 29.
- 14. Srikanta murthy, K.R. Sastravacaraniya adhyaya. In: Srikanta murthy, K.R (ed.) Susruta Samhita Vol 1. Varanasi: Chaukhamba Orientalia; 2017. Sloka 13.
- 15. Sreekumar, T. Sastravidhi Adhyaya. In: Sreekumar, T (ed.) Astanga Hrudaya Sutrastana Vol 2. Thrissur: Harishree hospital; 2013. Sloka 33-34.
- 16. Dalhanacharya, S.R.I. Sastravacaraniya adhyaya. In: Jadavji trikamji acharya (ed.) Susruta Samhita Nibandasangraha. Varanasi: Chaukhamba Orientalia; 2021. p. 36.
- 17. Sreekumar, T. Sastravidhi Adhyaya. In: Sreekumar, T (ed.) Astanga Hrudaya Sutrastana Vol 2. Thrissur: Harishree hospital; 2013. Sloka 5
- 18. Srikanta murty , K.R. Chedya roga pratishedha. In: Srikanta murthy, K.R (ed.) Sushruta Samhita Vol 3. Varanasi: Chaukhamba Orientalia; 2017. p. Sloka 15/5-6.
- 19. G Prabhakara Rao, Mukharoga Chikitsa. Chikitsa Sangraha of Chakrapanidatta. Varanasi: Chaukhamba Orientalia; 2018. p. 536.
- 20. Mukhopadhyaya, G. Sastras the sharp instruments. In: Mukhopadhyaya, G (ed.) Surgical Instruments of Ancient Hindus. Delhi: New Bharatiya book; 2008. p.164
- 21. Mukhopadhyaya, G. Sastras the sharp instruments. In: Mukhopadhyaya, G (ed.) Surgical Instruments of Ancient Hindus. Delhi: New Bharatiya book; 2008. p.168
- 22. Mukhopadhyaya, G. Sastras the sharp instruments. In: Mukhopadhyaya, G (ed.) Surgical Instruments of Ancient Hindus. Delhi: New Bharatiya book; 2008. p.170

- 23. Mukhopadhyaya, G. Sastras the sharp instruments. In: Mukhopadhyaya, G (ed.) Surgical Instruments of Ancient Hindus. Delhi: New Bharatiya book; 2008. p.173
- 24. Srikanta murthy, K.R. Astavidha sastrakarmiya adhyaya. In: Srikanta murthy, K.R (ed.) Susruta Samhita Vol 1. Varanasi: Chaukhamba Orientalia; 2017. Sloka.
- 25. Mukhopadhyaya, G. Sastras the sharp instruments. In: Mukhopadhyaya, G (ed.) Surgical Instruments of Ancient Hindus. Delhi: New Bharatiya book; 2008. p.176
- 26. Mukhopadhyaya, G. Sastras the sharp instruments. In: Mukhopadhyaya, G (ed.) Surgical Instruments of Ancient Hindus. Delhi: New Bharatiya book; 2008. p.178
- 27. Mukhopadhyaya, G. Sastras the sharp instruments. In: Mukhopadhyaya, G (ed.) Surgical Instruments of Ancient Hindus. Delhi: New Bharatiya book; 2008. p.183
- 28. Srikanta murty , K.R. Udara chikitsa. In: Srikanta murthy, K.R (ed.) Sushruta Samhita Vol 2. Varanasi: Chaukhamba Orientalia; 2017. p. Sloka 14/18.
- 29. Srikanta murty , K.R. Vruddi-Upadamsha-slipada chikitsa. In: Srikanta murthy, K.R (ed.) Sushruta Samhita Vol 2. Varanasi: Chaukhamba Orientalia; 2017. p. Sloka 19/18-19.
- 30. G Prabhakara Rao, Udara Chikitsa. Chikitsa Sangraha of Chakrapanidatta. Varanasi: Chaukhamba Orientalia; 2018. p. 367
- 31. Mukhopadhyaya, G. Sastras the sharp instruments. In: Mukhopadhyaya, G (ed.) Surgical Instruments of Ancient Hindus. Delhi: New Bharatiya book; 2008. p.187
- 32. Mukhopadhyaya, G. Sastras the sharp instruments. In: Mukhopadhyaya, G (ed.) Surgical Instruments of Ancient Hindus. Delhi: New Bharatiya book; 2008. p.188

- 33. Mukhopadhyaya, G. Sastras the sharp instruments. In: Mukhopadhyaya, G (ed.) Surgical Instruments of Ancient Hindus. Delhi: New Bharatiya book; 2008. p.190
 34. Srikanta murty , K.R. Mukharoga Chikitsa In: Srikanta murthy, K.R (ed.) Sushruta Samhita Vol 2. Varanasi: Chaukhamba Orientalia; 2017. p. Sloka 22/22
- 35. Mukhopadhyaya, G. Sastras the sharp instruments. In: Mukhopadhyaya, G (ed.) Surgical Instruments of Ancient Hindus. Delhi: New Bharatiya book; 2008. p.192 36. Mukhopadhyaya, G. Sastras the sharp instruments. In: Mukhopadhyaya, G (ed.)

Surgical Instruments of Ancient Hindus. Delhi: New Bharatiya book; 2008. p.195

CORRESPONDING AUTHOR

Dr Priyadarshini D J

PG Scholar, Department of PG and Ph.D Studies in Shalya tantra, JSS Ayurveda Medical College & Hospital, Mysore.India Email: priyadjkumar22@gmail.com

Source of support: Nil

Conflict of interest: None Declared

Cite this article as

Dr Priyadarshini D J : Conceptual Study on Sastras – A Review; VIII(3): 2299-2316